

# Lavender Ridge Farms, Inc.

# HAPPY THANKSGIVING!



## LRF Calendar of Events

Nov 29 *Small business Saturday* Show your support for small businesses everywhere. The gift shop will be open 9-5.

Dec 5-7 *Christmas in The Country* Free linen spray with \$50.00 purchase, refreshments and lavender treats for all as well as free gift wrapping!

Dec 13 *Sanger High School Craft Fair* Come by our booth if you are in the area. This a great craft show with plenty of vendors. Something for everyone!

### Farm Hours

The gift shop will continue to be open through Dec 21 however the café is closed for the year. Our hours are Friday-Sunday 9-5.

Remember, if you can't make it when we are open, you can order through our online store anytime.

## LAVENDER RIDGE FARMS WANTS TO WISH EVERYONE A HAPPY THANKSGIVING!

### Fall and Winter Tips For Your Lavender Plants.

Yes folks, it's that time again. Time for us to remind you that each fall or before the first freeze, prune your lavender plants back by 1/3. In other words if your lavender plant is the size of a basketball trim it back to the size of a volleyball. Trimming them back each year helps to keep the plant from becoming too woody and will help to ensure more blooms next year. Don't worry if you don't have time for this in the fall, you can always give them a nice haircut in the spring!

### Lavender Recipe

The holidays are fast approaching so here is a recipe for you to share with family and friends during the holidays.

#### Lavender Hot Chocolate

- 4 cups milk
  - 1/2 cup unsweetened cocoa powder
  - 1/2 cup sugar
  - pinch of salt
  - 1 T culinary lavender
  - whipped cream (optional)
- Heat 1 cup milk to a simmer, add lavender. Remove from heat and let steep for 10 minutes. Heat remaining ingredients in a sauce pan. Strain lavender that's been steeping and add to milk mixture. Pour into mugs, top with whipped cream and enjoy.

### Lavender Disinfectant Spray

With flu and cold season upon us we wanted to share a natural way to ward off germs. Here's an easy recipe for making your own all purpose cleaning and disinfectant spray. Not only will it fight germs and bacteria, it will make the house smell fresher! This spray can be used on countertops, door knobs, light switches, etc. It is always a good idea to test your surface first.

In a large empty spray bottle add 20 drops of lavender essential oil to each cup of distilled water you add to the bottle. Shake well before each use.

## CHRISTMAS IN THE COUNTRY



### Ready, Set Shop!

On December 5-7th, bundle up and enjoy a day of shopping in the country. The gift shop will be brimming with lavender products to purchase for your gift giving. We will also have guest vendors with vintage ornaments, handmade jewelry and handmade doggie stockings. Customers spending \$50.00 will receive a free linen spray, (an \$8.00 value!) We are adding free gift wrap for everyone this year too. The café will be closed but we will be serving refreshments and lavender treats in the gift shop this weekend as well.