



# LAVENDER RIDGE FARMS

Newsletter

December 2008

## Happy Holidays

Happy Holidays to all! Can you believe it is December already? My how time flies when you are having fun.

This past year has been a busy one for Lavender Ridge Farms. Spring brought us a great crop of strawberries and daffodils.

Summer brought us a bounty of vegetables from the garden and a beautiful field of lavender. Not to mention the fabulous cut flowers.

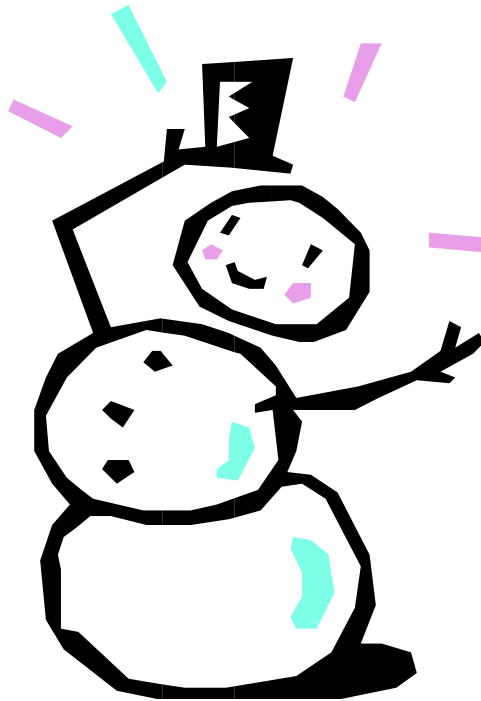
In the Fall we planted 13,500 strawberry plants and added a café to complete your lavender experience. Winter is the time

for us to relax a little and plan for the new year. There is never a dull moment around

here!

In an effort to offer more to your visit we are making plans to keep adding new things for you to enjoy. Next year we will be adding a mulched walking trail with plant identification signs along the way. It will be perfect for the nature lover and bird watcher in all of us. There is a beautiful overlook at the top of the ridge that you won't want to miss. Make plans to visit us often and see what's new.

With all of that said we want to thank each of you for your continued support and wish you a very merry holiday season.



## The Café at Lavender Ridge Farms

Now open

After receiving numerous requests to offer meals here for our guests, we have now opened a café with an outdoor dining room (a scenic covered patio, closed in with plastic

for the winter). A great place to further your love of lavender. Join us for lunch from 11:00-3:00 or for dinner from 5:00-10:00 on Friday, Saturday or Sunday. Reservations are not

required but are encouraged as seating is limited. A variety of meals and desserts will be served including our signature lavender dishes. We look forward to serving you.

## Calendar of Events

- Dec. 6 Wreath making workshop 2:00-4:00
- Dec. 14 Garden Club 2:00
- Dec. 25 closed
- Jan. 16-Feb.8 The farm will be closed but visit our booth at the Ft. Worth Stock Show.
- Feb. 28-March 1 Neil Sperry Garden Show Arlington, TX
- End of April-Strawberry picking begins.
- May 23-25( Memorial Day weekend)

LAVENDER FESTIVAL!

## Lavender Oatmeal

**Great for a cold morning**  
 This recipe makes 2 servings.  
 2 cups of boiling water  
 1/2 teaspoon crushed lavender buds  
 1/8 teaspoon salt  
 1 cup oatmeal  
 Cook as directed on package and remove from heat.  
 Stir in  
 1 teaspoon cinnamon  
 2 tablespoons brown sugar or to taste



## Featured Product Lavender Heat Wrap

Looking for the perfect gift to add a little warmth to some ones life? Our handmade lavender heat wrap is the answer. The heat wrap has a removeable, washable cover. And is filled with the perfect blend of flax seeds and lavender buds. Flax seed holds the heat and doesn't smell like rice or corn sometimes does when heated. Lavender adds the most wonderful scent when heated. Heat in microwave for one minute, lay across shoulders or any where

else you want to concentrate the heat and relax with the natural aromatherapy of lavender. Pure heaven!

Lavender Heat Wrap \$25.00  
Approximately 22"x9"

Please email  
info@lavenderridgefarms if you would like to place an order.



## Perfect Gifts and Stocking Stuffers



Our Gift Shop is loaded with lavender products ready for your gift list needs. We have bath products, home products, culinary products, and aromatherapy products as well. For an additional charge we can gift wrap them or create baskets for you and ship them anywhere in the United States. Our products are not currently listed

on our website but you can drop us an email  
info@lavenderridgefarms.com to let us know what you would like and we will send them out for you.

### Did You Know?

Dogs often suffer from ear wax buildup. Gently massage the ear with 4 drops of this formula each day to soften ear wax. It can then be easily removed with a cotton swab. 4 drops of lavender essential oil mixed with 1 tsp. witch hazel.

## Christmas Wreath Making Workshop December 6th 2:00-4:00



Don't miss the opportunity to decorate your own winged elm wreath for the season. Wreaths will be ready for you to decorate and take home. We will supply the wreaths, flowers and glue. The cost for the workshop will be 50.00 per person and will be from 2:00-4:00 December 6th. The

class is limited to 10 people. Reservations must be made by December 4 and prepayment is required.